INFORMATION ABOUT THIS TEST

1. Kit Delivery

 Your cardiac monitor will be delivered by Canada Post. We will call you before shipping to confirm your address. Once your address is confirmed, you can expect the monitor to be delivered within 2-3 business days.

2. Electrode placement

- You will need to prepare the area on your skin for 3 electrode patches as shown on the right. For each area wash your skin with soap and water and shave area if necessary (do not use any oil or lotion).
- Apply the electrode patches to the prepared area. Each electrode patch can stay on for up to a week. Replace earlier if they are peeling off, or if the monitor indicates you should replace them.
- Connect each lead wire of the cardiac monitor to the corresponding electrode patches.

3. Starting the test

- Once connected you can start the test by inserting the battery provided in the monitor.
- Within 30 seconds of inserting the battery you should see the screen on the right. Press 'Start Session' to begin your test.



• We will call you the day before your test is over to let you know. A pre-paid/pre-addressed return envelope will be included in your kit for you to return the equipment to us once your test is over. You can drop it off in any Canada Post mailbox.

IMPORTANT:

This test is for diagnostic purposes only, in case of emergency contact 911 or go to nearest hospital.

Questions? Please call us at 1-888-636-0186



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